Prolate Ellipsoidal Coordinate System

For a given R > 0, define $r_a = \left(x^2 + y^2 + (z - R/2)^2\right)^{1/2}$ and $r_b = \left(x^2 + y^2 + (z + R/2)^2\right)^{1/2}$. The prolate ellipsoidal coordinates are defined as

$$\xi = \frac{1}{R} (r_a + r_b)$$

$$\eta = \frac{1}{R} (r_a - r_b)$$

$$\phi = \tan^{-1} \left(\frac{y}{x} \right)$$

The inverse transformations are given by

$$x = \frac{R}{2}\sqrt{(\xi^2 - 1)(1 - \eta^2)}\cos\phi$$

$$y = \frac{R}{2}\sqrt{(\xi^2 - 1)(1 - \eta^2)}\sin\phi$$

$$z = -\frac{R}{2}\xi\eta$$

The differentials are related by

$$\begin{pmatrix} dx \\ dy \\ dz \end{pmatrix} = \begin{pmatrix} \left(\frac{R}{2}\right)\xi\alpha\cos\phi & -\left(\frac{R}{2}\right)\eta\alpha^{-1}\cos\phi & -\left(\frac{R}{2}\right)\beta\sin\phi \\ \left(\frac{R}{2}\right)\xi\alpha\sin\phi & -\left(\frac{R}{2}\right)\eta\alpha^{-1}\sin\phi & \left(\frac{R}{2}\right)\beta\cos\phi \\ -\left(\frac{R}{2}\right)\eta & -\left(\frac{R}{2}\right)\xi & 0 \end{pmatrix} \begin{pmatrix} d\xi \\ d\eta \\ d\phi \end{pmatrix}$$

where
$$\alpha = \sqrt{\frac{1-\eta^2}{\xi^2-1}}$$
 and $\beta = \sqrt{(\xi^2-1)(1-\eta^2)}$

where $\alpha = \sqrt{\frac{1-\eta^2}{\xi^2-1}}$ and $\beta = \sqrt{(\xi^2-1)(1-\eta^2)}$ The basis vectors are given by the three columns of the matrix given above. The system is orthogonal. The differential vector is given by

$$ds = \left(\frac{R}{2}\right) \sqrt{\frac{(\xi^2 - \eta^2)}{(\xi^2 - 1)}} \mathbf{e}_{\xi} d\xi + \left(\frac{R}{2}\right) \sqrt{\frac{(\xi^2 - \eta^2)}{(1 - \eta^2)}} \mathbf{e}_{\eta} d\eta + \left(\frac{R}{2}\right) \sqrt{(\xi^2 - 1)(1 - \eta^2)} \mathbf{e}_{\phi} d\phi$$

The volume element is given by

$$dv = \left(\frac{R}{2}\right)^3 \left(\xi^2 - \eta^2\right) d\xi d\eta d\phi$$