

# Applications of confocal fluorescence microscopy in biological sciences

B R Boruah

Department of Physics

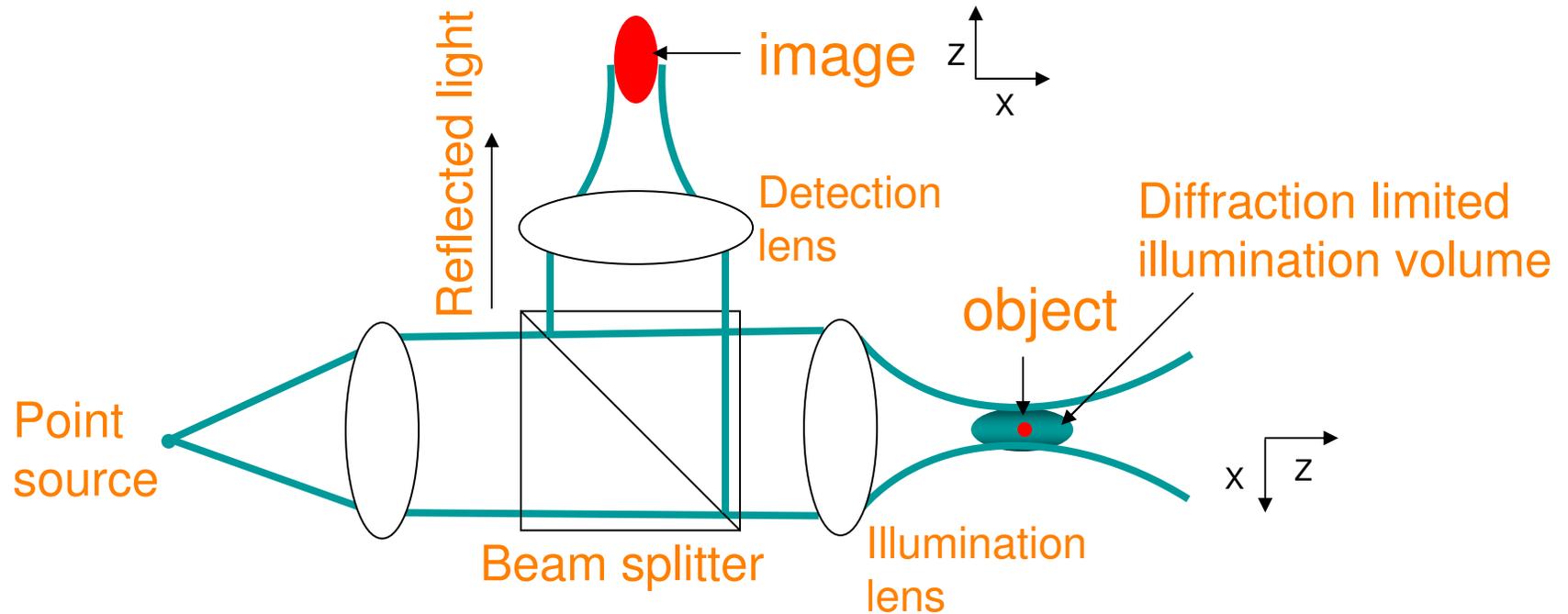
IIT Guwahati

Email: [brboruah@iitg.ac.in](mailto:brboruah@iitg.ac.in)

# Contents

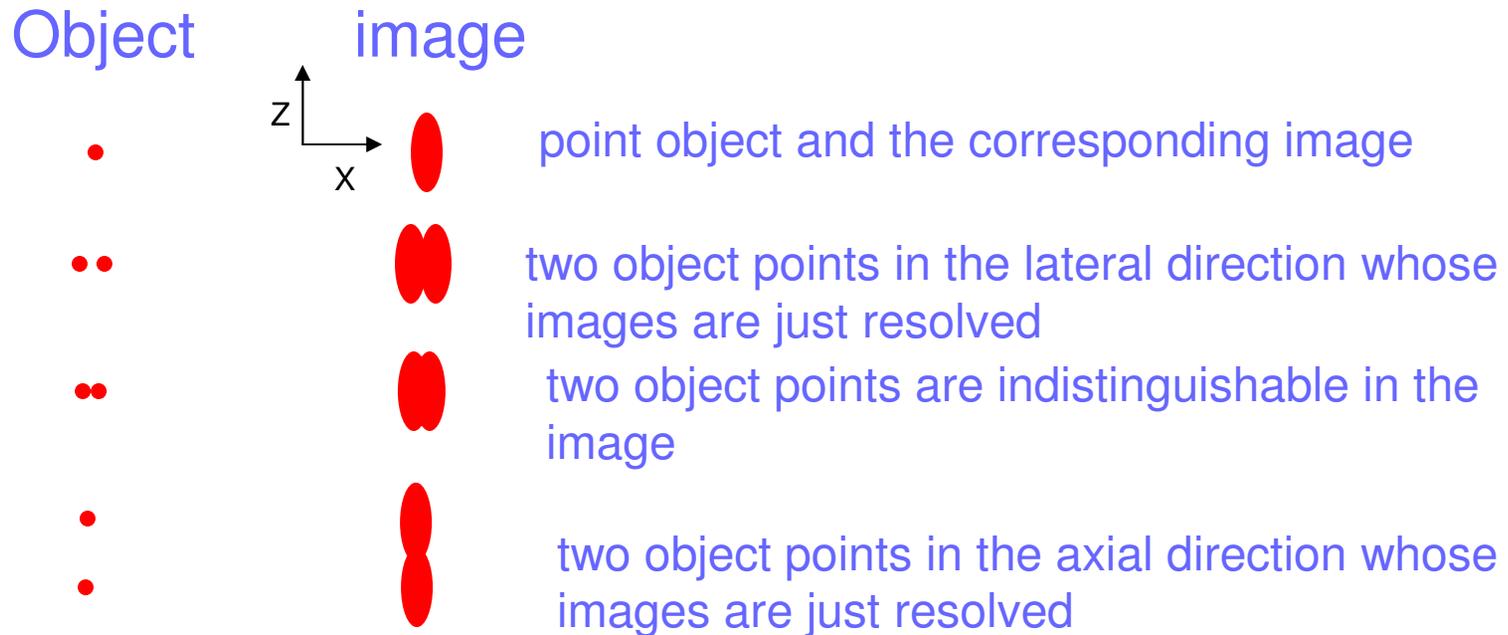
- ❑ Introduction
  - Optical resolution
  - Optical sectioning with a laser scanning confocal microscope
  - Confocal fluorescence imaging
- ❑ Stimulated emission depletion (STED) microscopy
- ❑ Fluorescence resonance energy transfer (FRET)
- ❑ Fluorescence lifetime imaging
- ❑ Two photon excitation microscopy
- ❑ Conclusion

# A simple microscope



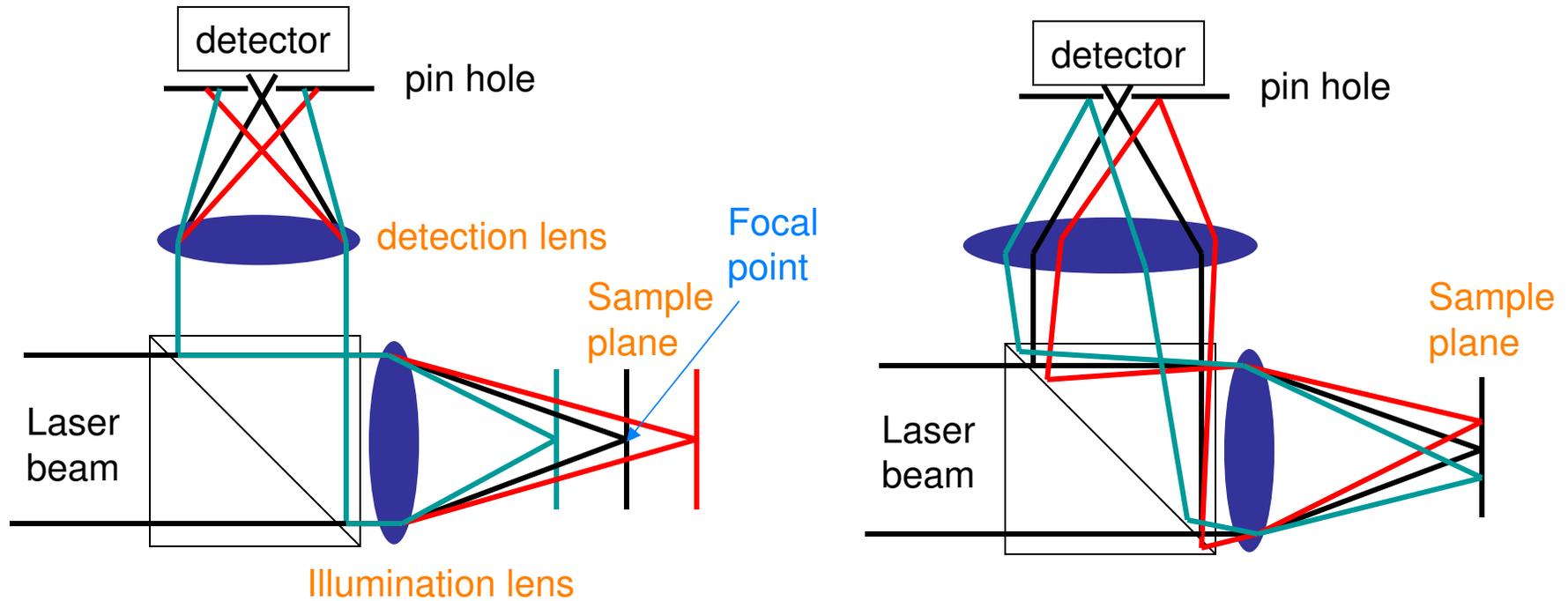
- ❑ Collimated beam of wavelength  $\lambda$  is focused by L1 to a diffraction limited volume
- ❑ The illumination volume depends on  $\lambda$ , focal length and diameter of the illumination lens
- ❑ A point object is imaged into a diffraction limited volume in the image space

# Resolution of a microscope



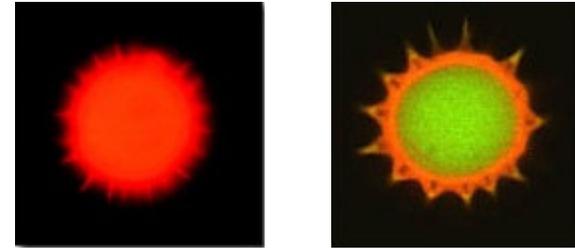
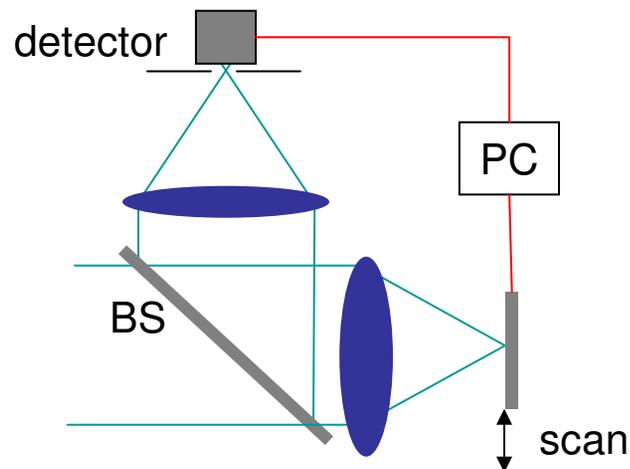
- ❑ Resolution: minimum separation between two point objects whose images are just resolved
  - Contributions from diffractions due to the illumination and detection lenses
- ❑ Axial resolution is worse than lateral resolution

# Optical sectioning with a confocal microscope



- ❑ Confocal arrangement of focal point and pinhole blocks light from out of focus planes or points away from the optic axis
- ❑ The detector receives light mostly from the focal point
  - Image, free of out of focus blur, of a point object located at the focal point

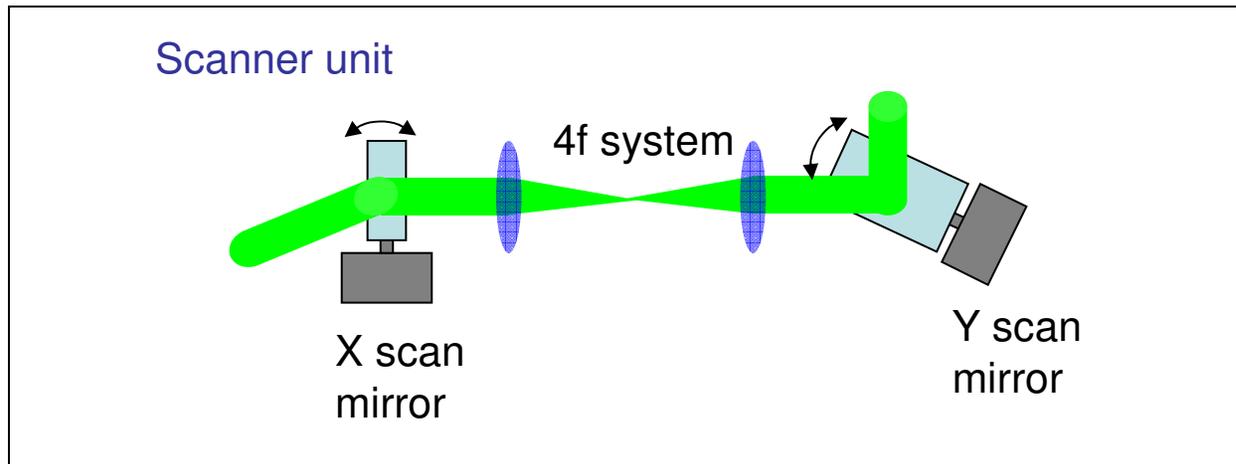
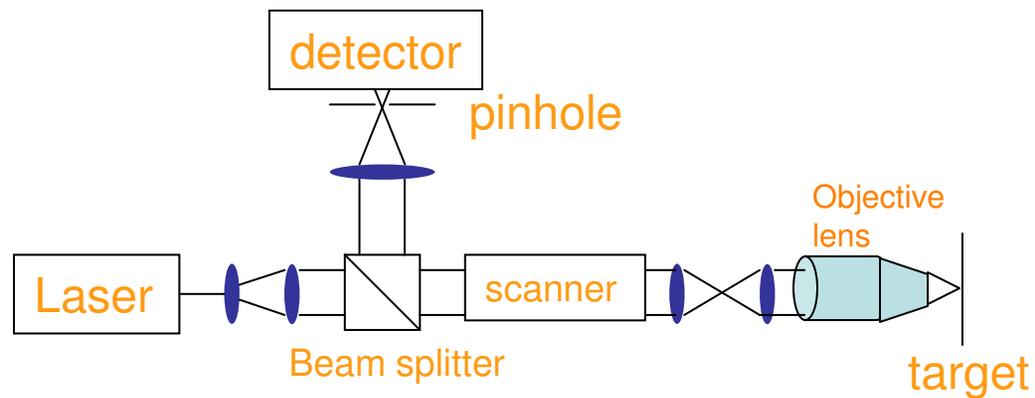
# Optical sectioning with a confocal microscope



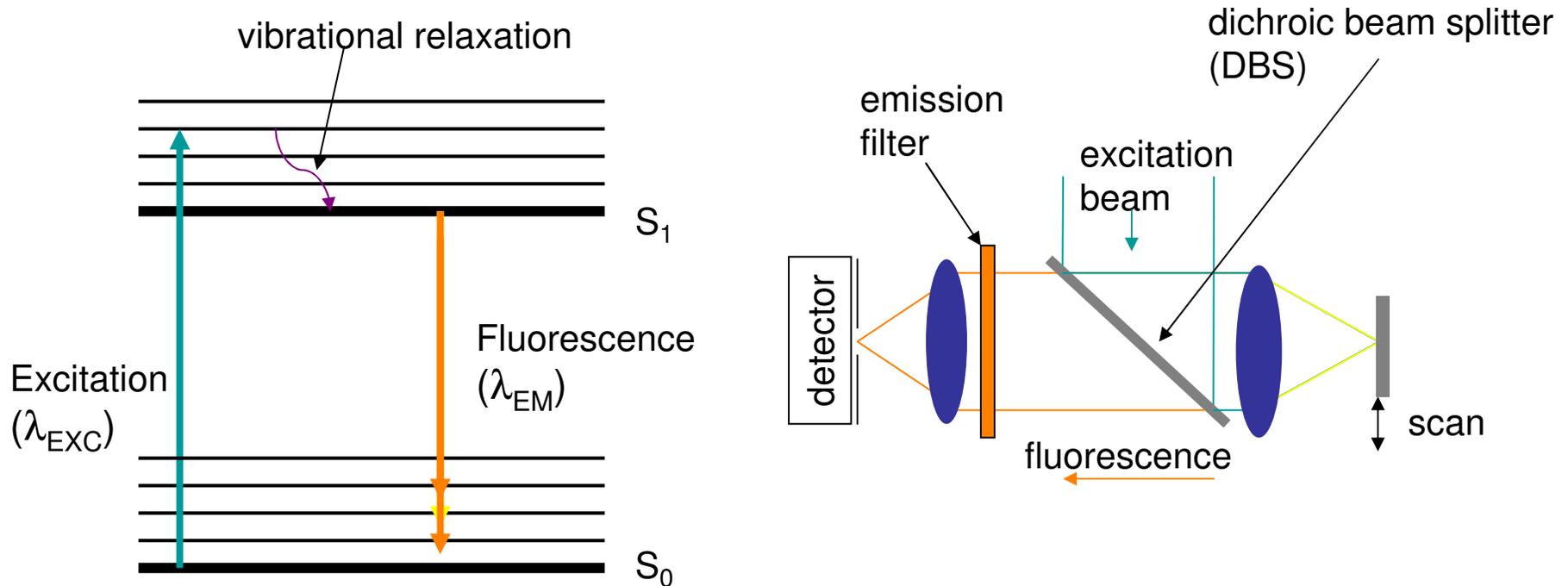
Wide field image    Confocal image  
(Source :[www.olympusfluoview.com](http://www.olympusfluoview.com))

- ❑ Either the sample holding stage or the illumination spot is scanned
  - Scanning is controlled by a PC
- ❑ For each object point at the illumination spot, the detector signal is stored in the PC
- ❑ Results in an optically sectioned image (image corresponds to a sharply defined object plane, devoid of out of focus blur) of the sample
- ❑ Much better axial and marginally better lateral resolutions than a conventional (wide field) microscope
- ❑ Best resolution: lateral= $\sim\lambda/2$ , axial= $\sim\lambda$

# A beam scanning confocal setup



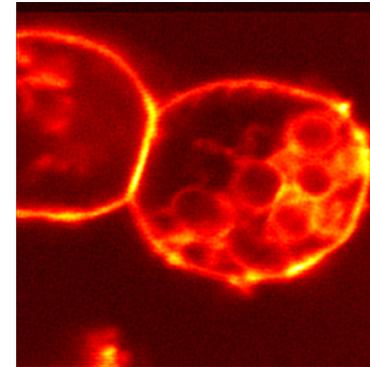
# Confocal fluorescence microscope



- ❑ Molecules (fluorophores) are excited with a laser beam of wavelength ( $\lambda_{EXC}$ ), which then undergo a series of spontaneous emissions called fluorescence at the mean wavelength ( $\lambda_{EM}$ )
- ❑ DBS: reflects  $\lambda_{EXC}$  and transmits  $\lambda_{EM}$
- ❑ Emission filter : blocks reflected light from the sample at  $\lambda_{EXC}$

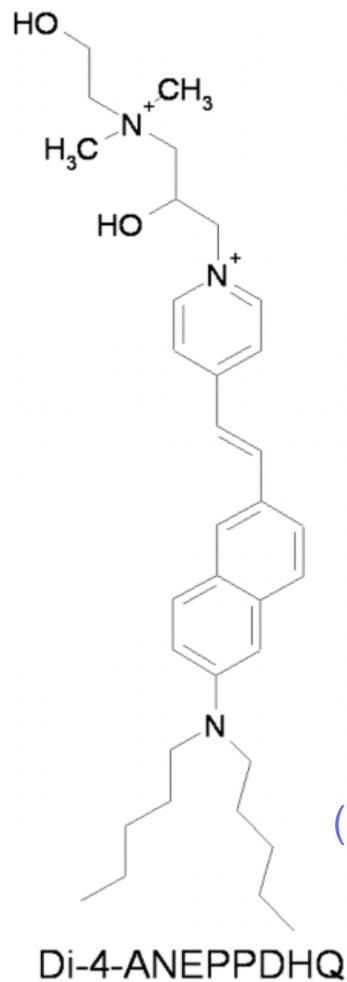
# Confocal fluorescence imaging

- ❑ The target molecules are tagged with fluorescent probes or fluorophores
- ❑ Confocal detection of the fluorescent light in a beam scanning or stage scanning set up
- ❑ Fluorescence image provides information about the physical and chemical environment and orientation of the fluorophores and hence of the attached target molecules
- ❑ Best resolution working in the UV-visible range (lateral  $>200$  nm, axial  $>500$  nm)
  - Not enough for visualising light-matter interaction at nanoscale



Confocal fluorescence image of human T cells  
(source: PhD thesis, B R Boruah)

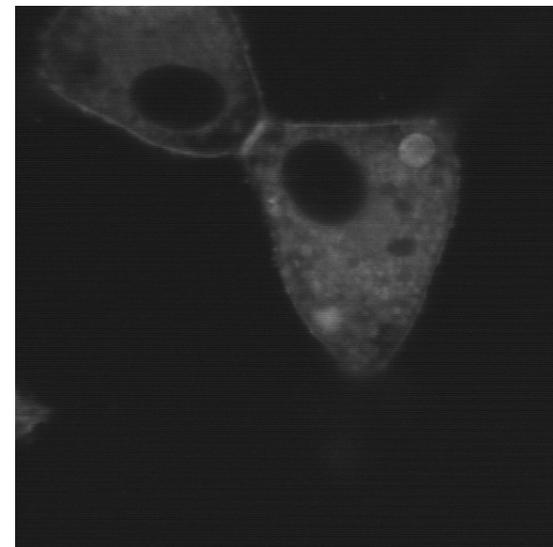
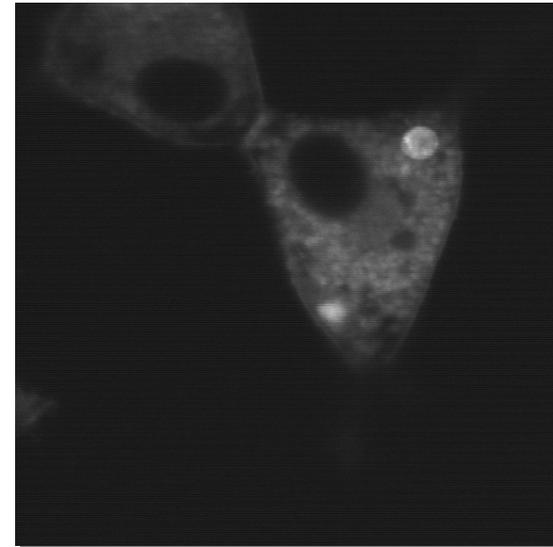
# Confocal fluorescence imaging



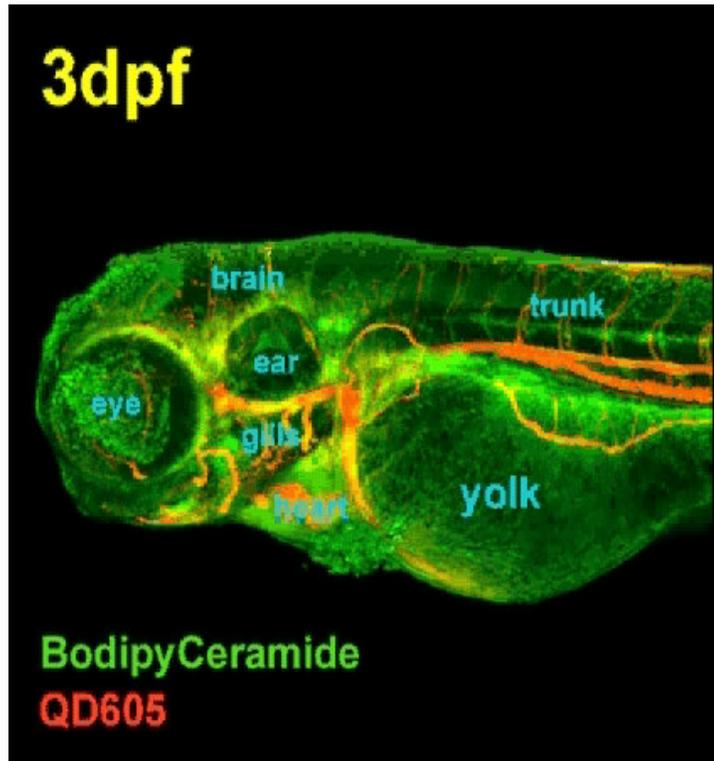
HEK293 cells stained with Di-4-ANEPPDHQ, a membrane specific and lipid activated fluorophore, which orients in the membrane, normal to the surface

532nm illumination, 60x 1.2NA olympus water immersion lens

(source: PhD thesis, B R Boruah)



# Confocal fluorescence imaging

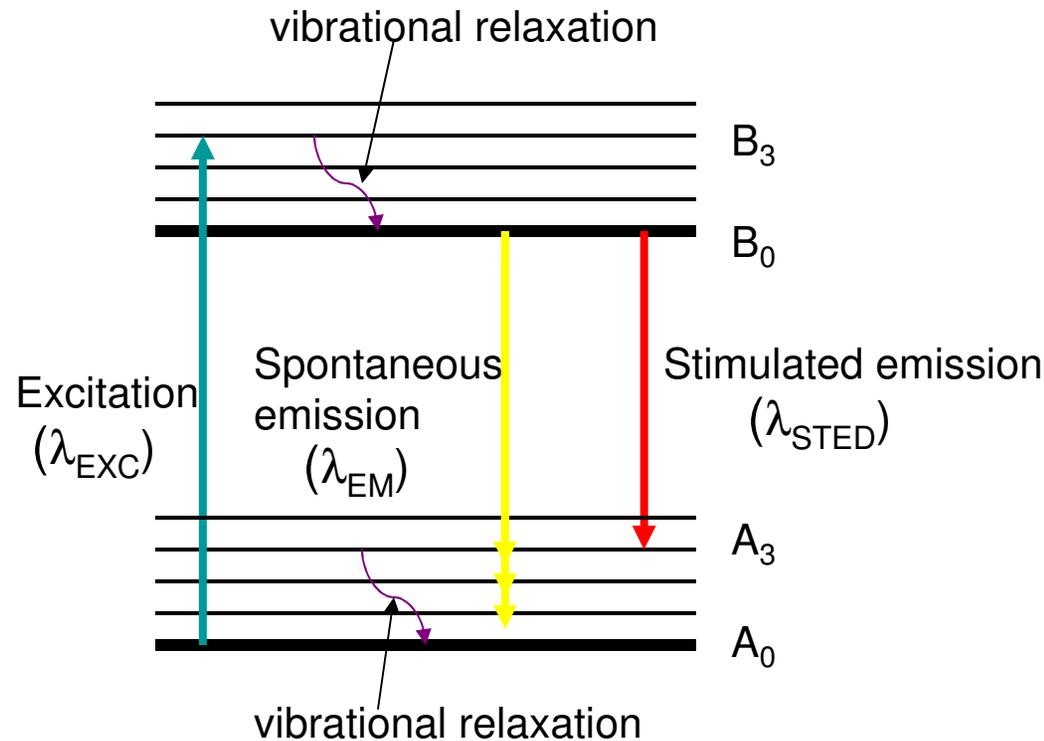


- ❑ Zebra fish embryo blood vessels are injected with fluorescence active quantum dots
- ❑ Head: 350  $\mu\text{m}$  thick and 71 images, each of 5  $\mu\text{m}$  apart
- ❑ trunk: 160  $\mu\text{m}$  thick and 80 images, each of 2  $\mu\text{m}$  apart

3D animation of zebra fish head and trunk

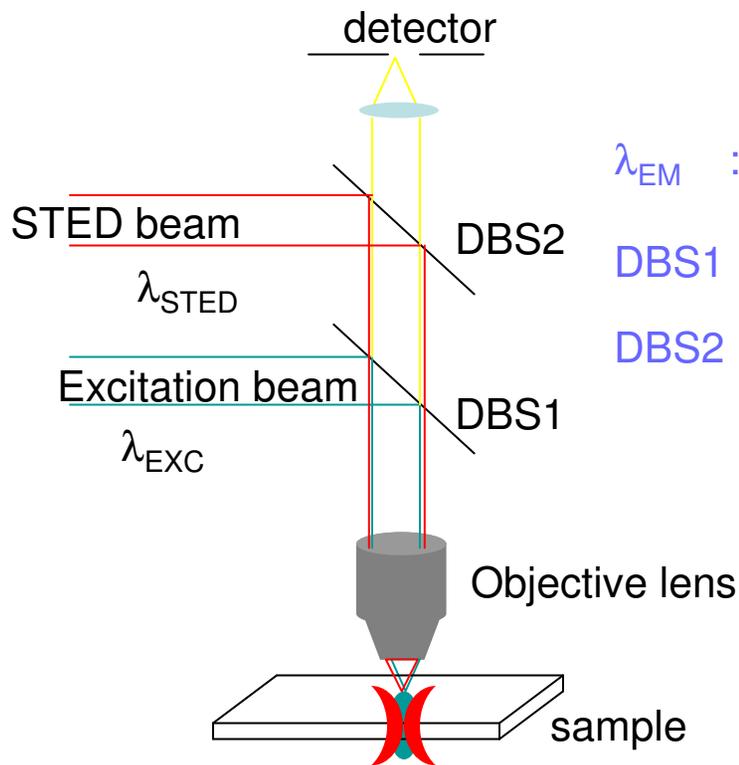
Source: [www.helmholtz-muenchen.de](http://www.helmholtz-muenchen.de)

# Stimulated emission depletion (STED)



- ❑ Laser beam ( $\lambda_{\text{EXC}}$ ) excites a molecule to the upper electronic state
- ❑ Another laser beam, called STED beam, at ( $\lambda_{\text{STED}}$ ) shines on the excited molecule
  - Stimulates it to undergo emission at ( $\lambda_{\text{STED}}$ )
  - No emission at ( $\lambda_{\text{EM}}$ ) i.e. No fluorescence from the excited molecule

# STED in a confocal fluorescence microscope



$\lambda_{EM}$  : mean emission wavelength

DBS1 : reflects  $\lambda_{EXC}$  and transmits wavelengths  $>\lambda_{EXC}$

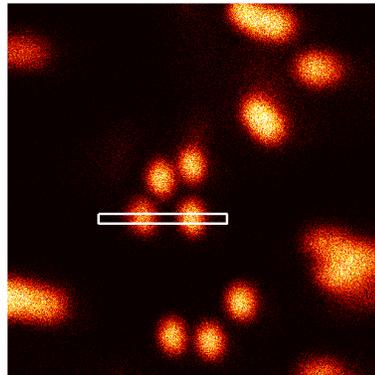
DBS2 : reflects  $\lambda_{STED}$  and transmits wavelengths  $<\lambda_{STED}$

- ❑ Both excitation and STED beams are pulses following one another, usually derived from the same femto second laser
- ❑ Image is formed by scanning the stage or by scanning the beams

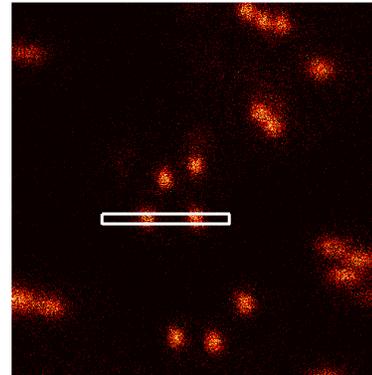
# Applications of STED microscopy

## Nanoscale imaging of fluorescent beads

Confocal image



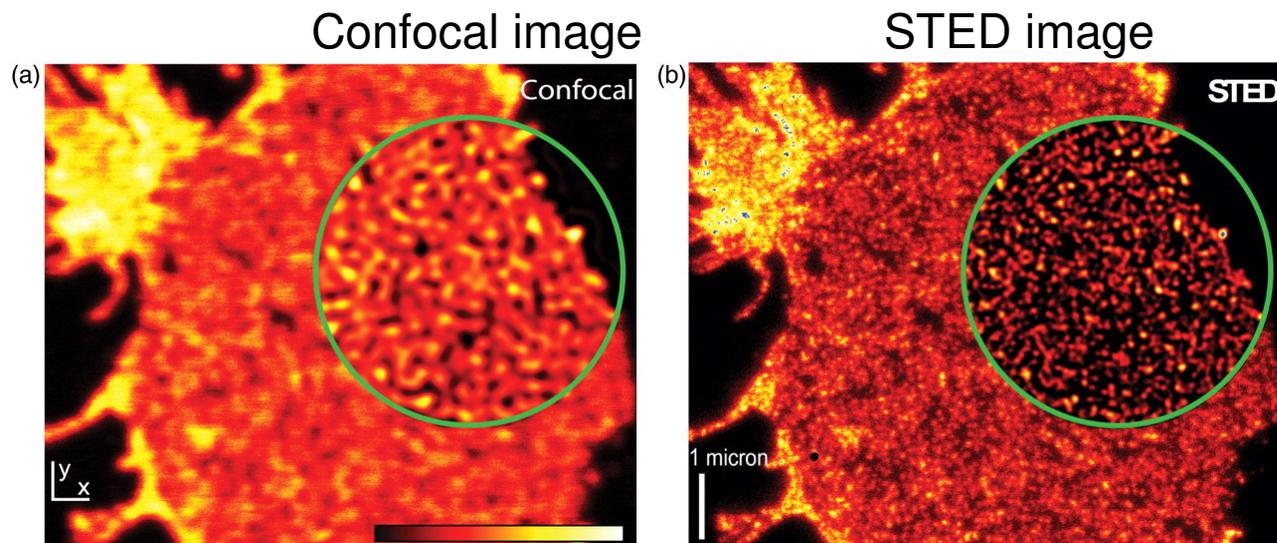
STED image



XY plane images of 200 nm fluorescent beads  
(source: PhD thesis, B R Boruah, Imperial College London)

# Applications of STED microscopy

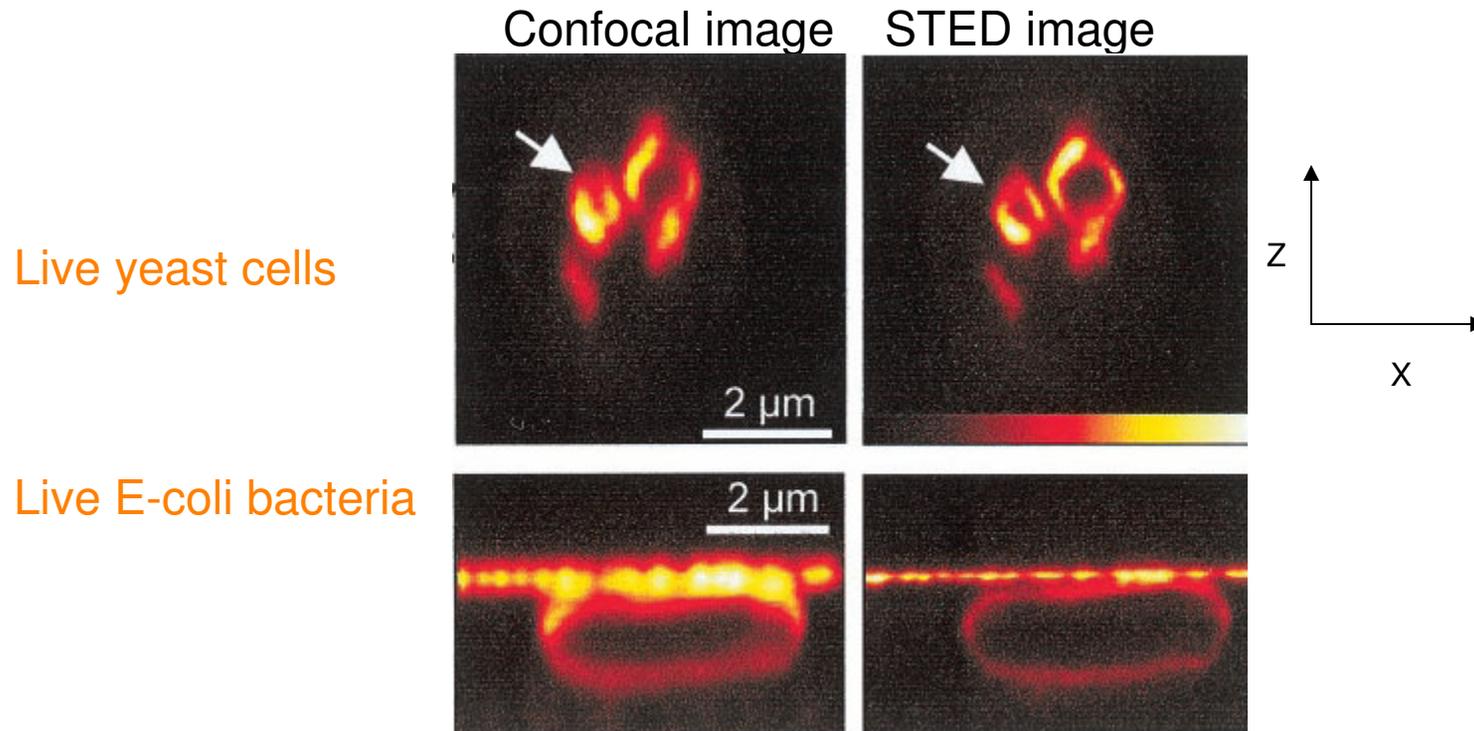
## In biological science



- Reveals nanopattern in the in SNAP-25 protein found in the plasma membrane of mamalian cells (source: Briefings in functional genomics and proteomics, Vol 5, No 4, 289-301)

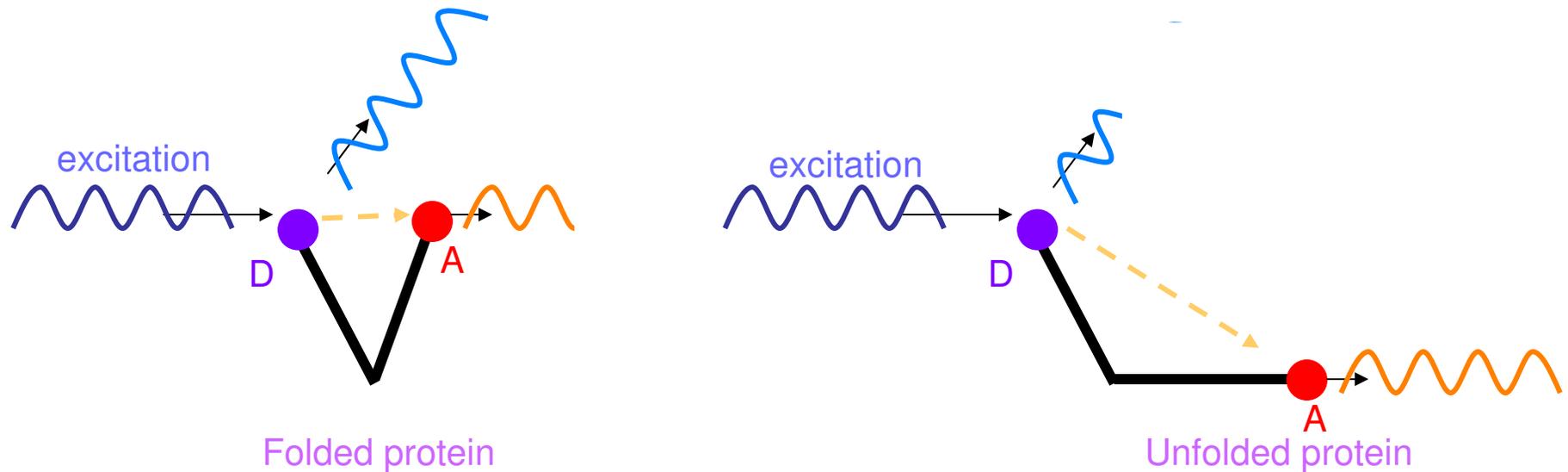
# Applications of STED microscopy

## Nanoscale imaging of live cells



(source: PNAS, 97, 15, 2000, 8206-8210)

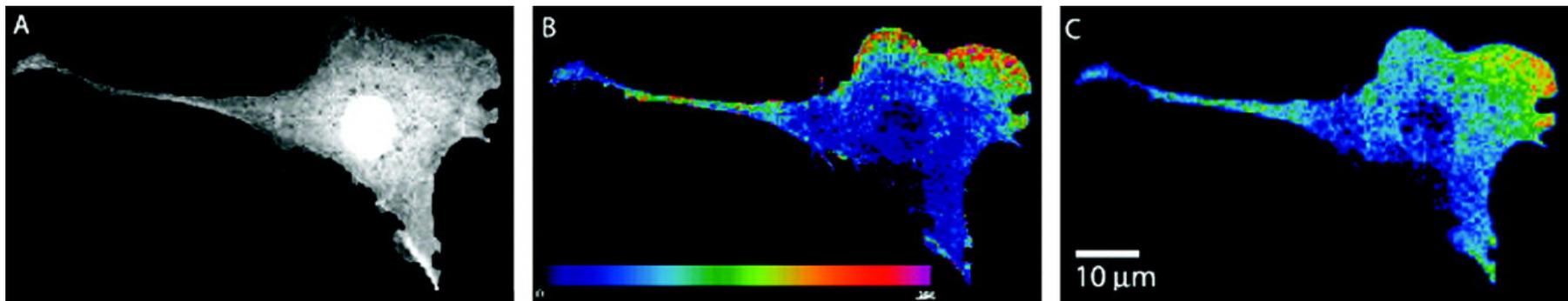
# Fluorescence resonance energy transfer



- D : donor fluorescent molecule
- A : acceptor fluorescent molecule
- -> : fluorescence resonance energy transfer (FRET)

- Energy transfer from D to A when they are close by
  - Fluorescence from A
- No energy transfer from D to A when they are far apart
  - No fluorescence from A

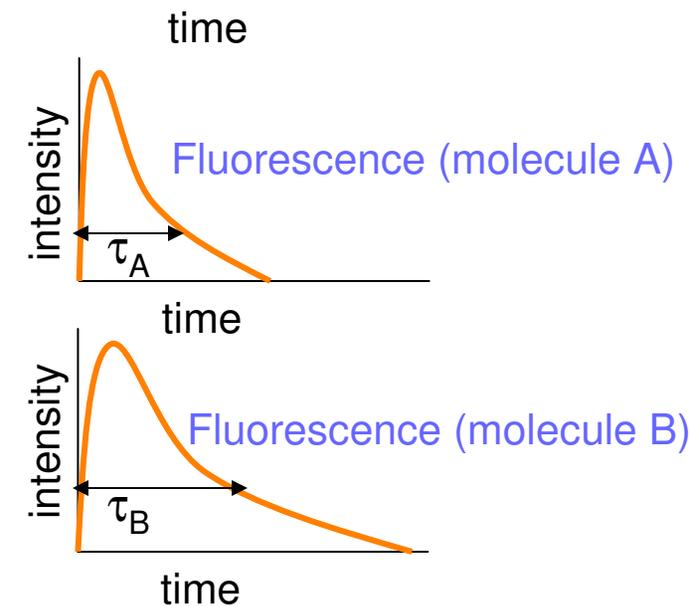
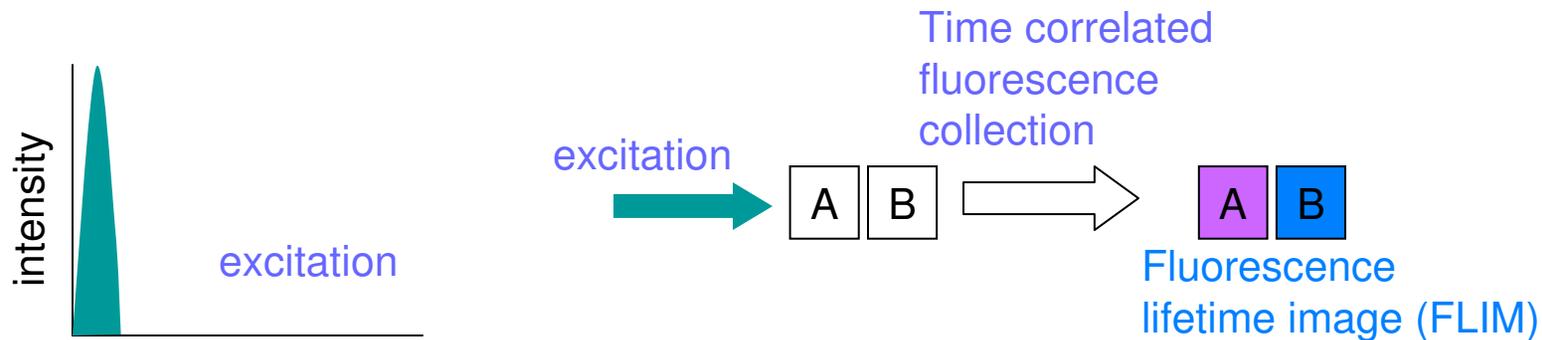
# Cell protein localizations with confocal FRET



Integrins induce local Rac–effector coupling.  
Donor (A), uncorrected FRET (B), and corrected FRET (C)

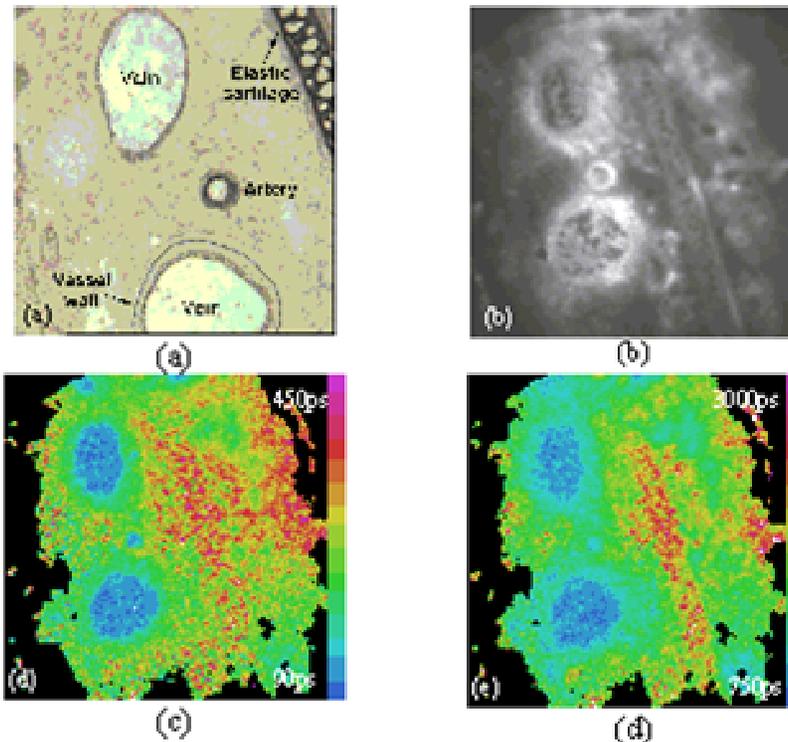
Sekar, Periasamy J. *Cell Biol.* 2008;160:629-633

# Fluorescence lifetime imaging



- ❑ Sample plane is excited with short laser pulse (200 ps)
- ❑ Life time ( $\tau$ ) : duration over which the fluorescence decays to  $1/e$  the maximum
- ❑ Lifetime is sensitive to local environment: pH, density of oxygen, Ca ion, proximity to other molecules
- ❑ FLIM
  - Better contrast than intensity imaging
  - Not effected by scattering

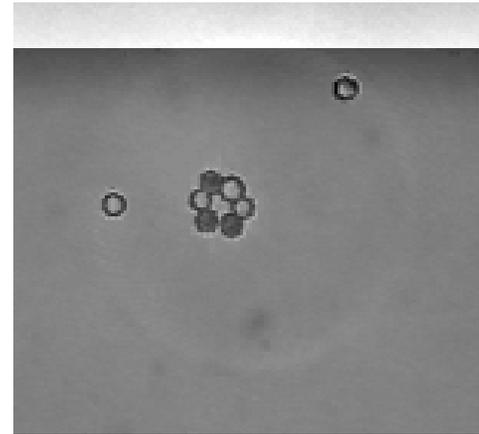
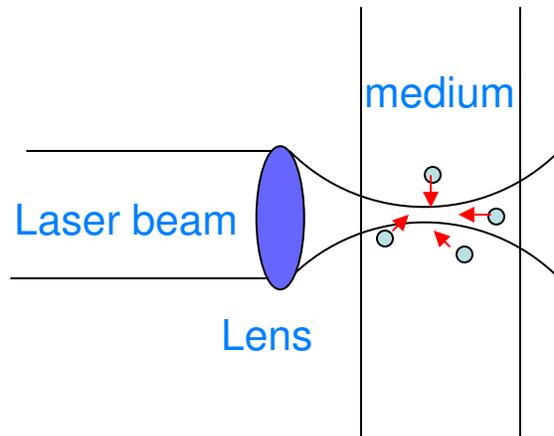
# Confocal microscopy with lifetime imaging



Source: Photonics group,  
Imperial College London

Images of rat's ear showing two veins, an artery, and an elastic cartilage. (a) Microscopic image, (b) fluorescence image (c) fast FLIM image, (d) slow FLIM image

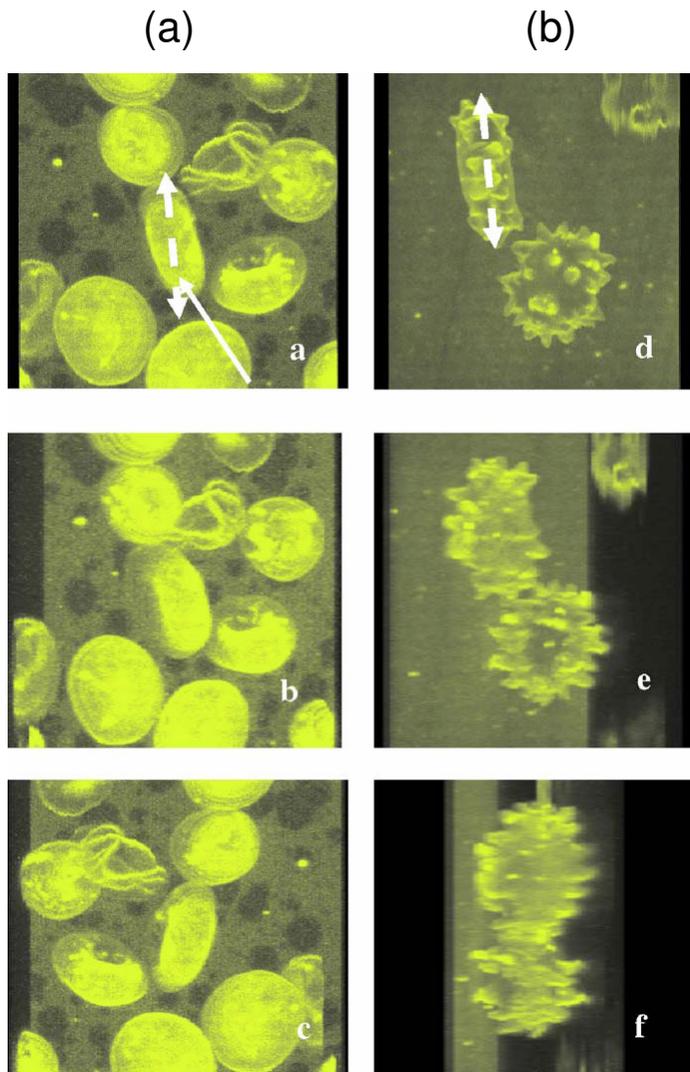
# Optical trapping



Manipulation of trapped micro-beads  
**A. Jesacher, et al., Optics Express, 2006**

- ← Pico newton level force
- Particles in a medium (say liquid)
- Laser beam ( $\approx 100\text{mW}$ ) is focused tightly by a lens into a medium
- Particle in the medium having contrast in the refractive index will experience pico newton magnitude force towards the focus point
- changing the direction of the laser beam will change in shift in focal spot along with the trapped particle

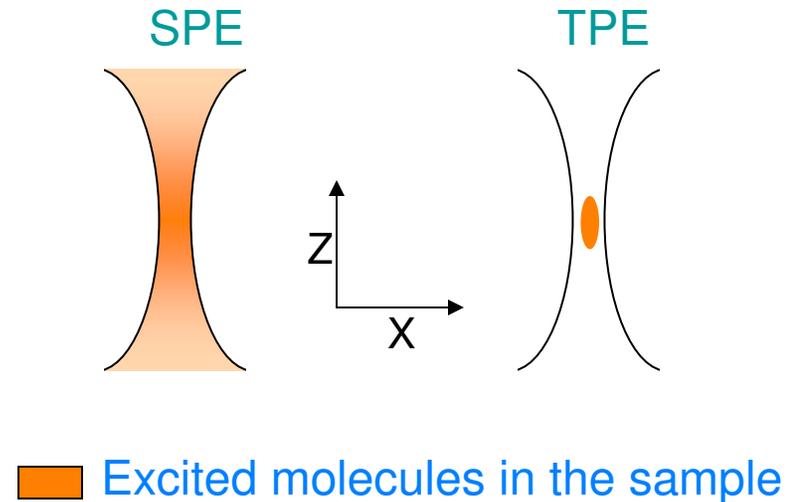
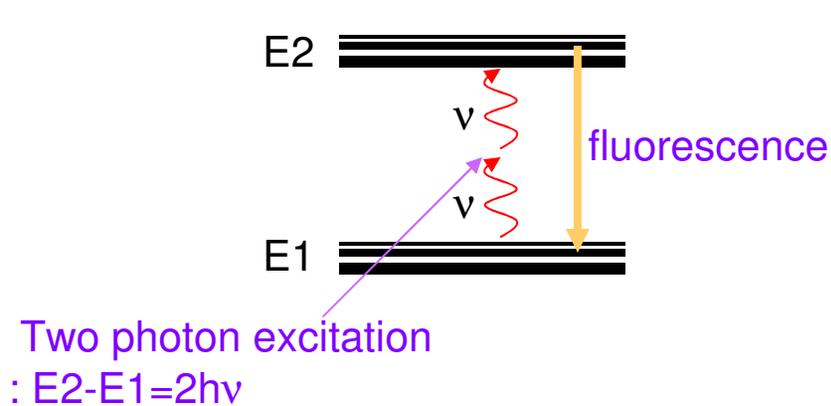
# Confocal fluorescence microscopy with optical trapping



- ❑ RBC cell in (a) isotonic buffer (b) hypertonic buffer
- ❑ Cells with arrow mark are trapped
- ❑ Confocal images from various view angles
  - No change in shape of the trapped cell

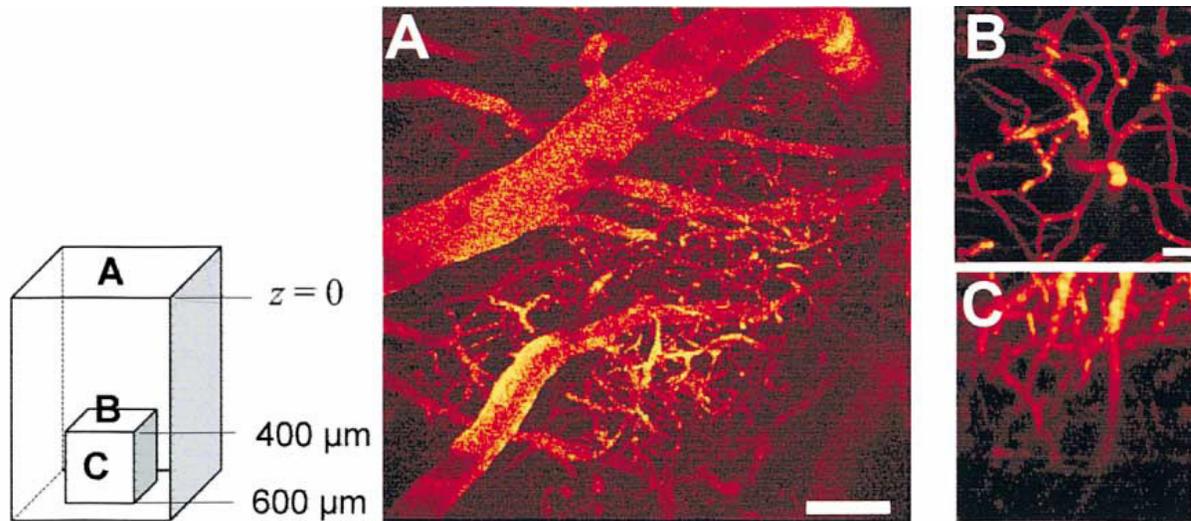
**K Mohanty, et al., JBO, 2007**

# Two Photon excitation (TPE)



- ❑ the time interval between arrivals of the two photons of frequency  $\nu$  at the site of the molecule  $< 10^{-16}$  sec
- ❑ the molecules sees as if there is a single photon of frequency  $2\nu$
- ❑ Excitation probability is proportional to  $(\text{intensity})^2$
- ❑ Fluorescence emission is only from a small region near the focus unlike in single photon excitation

# Deep tissue imaging using two photon excitation microscopy

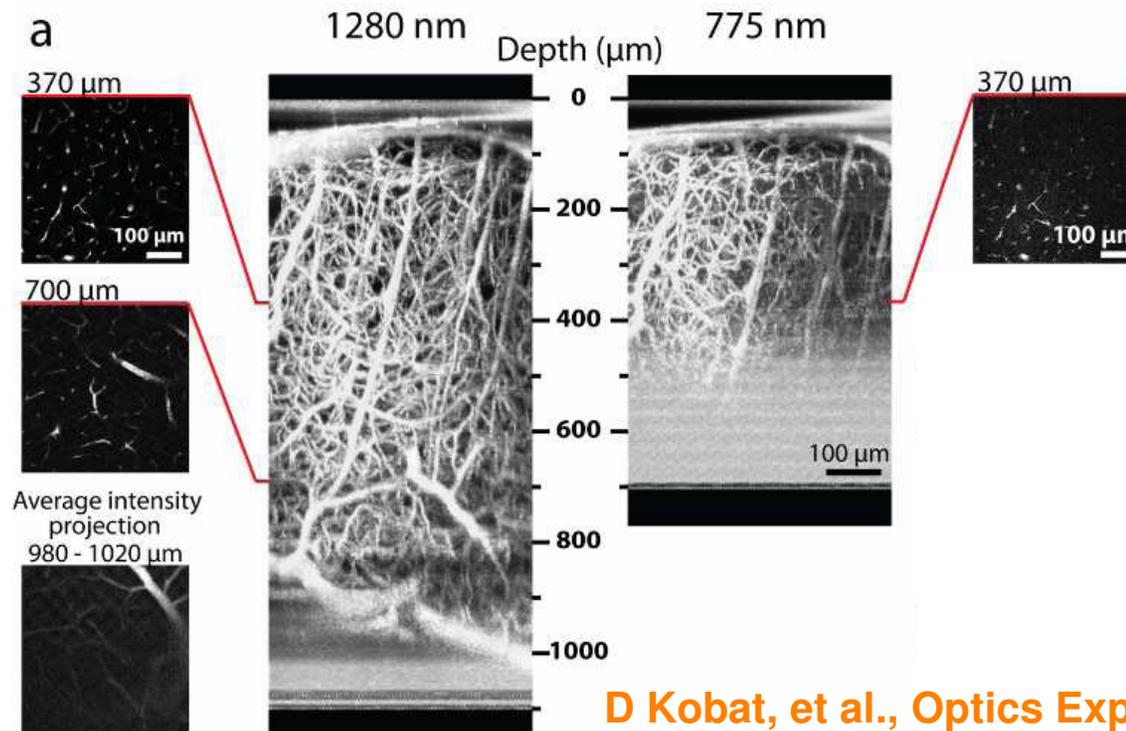


In vivo imaging of brain tissue of an anesthetized rat (up to a depth of  $600 \mu\text{m}$ )

M. Oheim et al, *Journal of Neuroscience Methods* 111 (2001)

- ❑ Excitation wavelength is twice that of single photon excitation
  - Less scattering (larger the wavelength smaller is the scattering)
  - Excitation beam enters deep into the sample (upto 1 mm)
- ❑ Less amount of photo damage
- ❑ In vivo imaging of live tissues

# Deep tissue imaging using two photon excitation microscopy



D Kobat, et al., Optics Express, August 2009

- TPE image of mouse brain shows high contrast blood vessels
  - Upto a depth of 500  $\mu\text{m}$  when excited with 775 nm
  - Upto a depth of 1 mm when excited with 1280 nm

# Conclusion

- ❑ confocal fluorescence microscopy is a powerful tool to get a high contrast image of a thin slice of the sample in a non-invasive way
  - Has number of application in biology (and the number is growing every day)
- ❑ Confocal fluorescence microscopy using stimulated emission depletion provides nanoscale imaging
- ❑ Confocal fluorescence microscopy can be combined with other techniques such as FRET, FLIM, optical trapping etc. to reveal further information from the sample
- ❑ Two photon excitation instead of single photon excitation provides high contrast image upto a depth of 1 mm
  - Useful for imaging in cellular environment

Thank You